Date of procedure

Facility

Doctor:

- ❒ Nicholas C. Katz, M.D.
- ❒ Edward S. Deutsch, M.D.
- ❒ Scott M. Fuchs, M.D., F.A.C.G.
- ❒ Jeffrey H. Schneider, M.D.
- ❒ Michael B. Sternthal, M.D.

Arrival Time

Procedure Time

The Gastroscopy Experience

Common Questions and Answers

DIGESTIVE DISEASE
A S S O C I A T E S

7475 North University Dr. • Tamarac, Florida 33321
Tel. (954)721-5400 • Fax (954)720-5886
www.gastrodocs.com

If you need to cancel or reschedule a procedure kindly give 24-48 hours notice.
For procedures at:
Digestive Disease Endoscopy Center please call
(954) 718-1000
At other facilities please call
(954) 721-5400

Common Questions

What is a Gastroscopy?

A Gastroscopy is the examination of the esophagus, stomach, and beginning part of the small intestine using a flexible tube passed through the mouth.

What is a Dilation?

It is stretching narrow areas of the digestive track using dilating tubes or balloons.

Will I experience any discomfort during the procedure?

No. You will be sedated through your intravenous line with medications.

Why do I have to come in early for my procedure?

- To complete consent forms.
- To complete nursing assessment forms.
- To start IV fluids.
- To receive IV antibiotic medications when needed.

****Pregnancy test or waiver required of all patients of child bearing age.***

How to prepare for your Gastroscopy

- At time of scheduling, tell us if you are allergic to latex or antibiotics.
- **Do not eat or drink after midnight the night before the exam.**

Diabetic Instructions

Day before exam		Day of exam	
Insulin	_____ am	Insulin	_____ am
	_____ pm		_____ pm
Diabetic Pills	_____ am	Diabetic Pills	_____ am
	_____ pm		_____ pm

Do Not Take the Following Medications

- ***Aspirin*** _____ days before exam
- ***Coumadin*** _____ days before exam
- ***Plavix*** _____ days before exam

- Iron Tablets
- Pepto Bismol
- Iron Supplements _____ days before day of exam

Take the following medications 4 hours prior to exam:

- High blood pressure medication
- Heart medication
- Anti-seizure medication
- Asthma inhalants - please bring on day of exam

Take morning dose of these medications on day of exam with one sip of water.

DO NOT DRINK ANYMORE LIQUIDS

- **If you do not speak ENGLISH have a translator with you for the duration of your time at the facility.**

SOMEONE MUST DRIVE YOU HOME AFTER YOUR PROCEDURE.

No Driving after exam for 24 hrs.

- Leave your valuables including your jewelry at home.
- Bring your insurance card.
- Dentures will be required to be removed prior to your exam.
- **DRINKING FLUIDS LESS THAN 4 HOURS PRIOR TO YOUR EXAM WILL DELAY THE PROCEDURE.**