Diabetic Instructions

Day before exam		Day of exam	
Insulin	_____ am	Insulin	_____ am
	_____ pm		_____ pm
Diabetic Pills	_____ am	Diabetic Pills	_____ am
	_____ pm		_____ pm

Do Not Take the Following Medications

- ***Aspirin*** _____ days before exam
- ***Coumadin*** _____ days before exam
- ***Plavix*** _____ days before exam

- Iron Tablets
- Pepto Bismol
- Iron Supplements _____ days before day of exam

TAKE THE FOLLOWING MEDICATIONS 4 HOURS PRIOR TO EXAM

- High blood pressure medication
- Heart medication
- Anti-seizure medication
- Asthma inhalants - please bring on day of exam

Take morning dose of these medications on day of exam with one sip of water.

DO NOT DRINK ANYMORE LIQUIDS

- **If you do not speak ENGLISH have a translator with you for the duration of your time at the facility.**

SOMEONE MUST DRIVE YOU HOME AFTER YOUR PROCEDURE.

No Driving after exam for 24 hrs.

- Leave your valuables including your jewelry at home.
- Bring your insurance card.

COMPLETE PREP AND ADDITIONAL FLUIDS REQUIRED 4 HOURS PRIOR TO ARRIVAL

Date of procedure

Facility

Doctor:

❒ Nicholas C. Katz, M.D.

❒ Edward S. Deutsch, M.D.

❒ Scott M. Fuchs, M.D., F.A.C.G.

❒ Jeffrey H. Schneider, M.D.

❒ Michael B. Sternthal, M.D.

Arrival Time

Procedure Time

CLEAR LIQUIDS ALLOWED

- Water
- Black Coffee
- Tea
- Gelatin - Jello (NO RED)
- Italian Ices
- Popsicles
- Apple Juice
- Broth
- Carbonated Beverages

DO NOT DRINK ANY RED LIQUIDS

The Colonoscopy Experience

Common Questions and Answers

DIGESTIVE DISEASE
A S S O C I A T E S

7475 North University Dr. • Tamarac, Florida 33321
Tel. (954)721-5400 • Fax (954)720-5886
www.gastrodocs.com

If you need to cancel or reschedule a procedure kindly give 24-48 hours notice.
For procedures at:
Digestive Disease Endoscopy Center please call
(954) 718-1000
At other facilities please call
(954) 721-5400

FLEET PHOSPHO-SODA

Common Questions

What is a Colonoscopy?

A colonoscopy is the examination of the large intestine with a long flexible tube that is about the thickness of a finger. It is inserted into the rectum and passed through the large intestine.

What happens if polyps are found?

Polyps will be removed if possible and sent for examination under the microscope.

Will the doctor speak to me after the exam?

Yes. Your doctor will speak to you and your family in the recovery area. You will receive written instructions after the exam.

Will I feel any discomfort during the procedure?

No. You will be sedated through your intravenous line with medication.

Why do I have to come in early for my procedure?

- To complete consent forms.
- To complete nursing assessment forms.
- To start IV fluids.
- To receive IV antibiotic medications when needed.

How much FLEET PHOSPHO-SODA will I need for more my preparation?

You will need *3* oz total.

****Pregnancy test or waiver required of all patients of child bearing age.***

How to prepare for your Colonoscopy

- At time of scheduling, tell us if you are allergic to latex or antibiotics.

CHOOSE EITHER SCHEDULE A OR SCHEDULE B

Day Before Exam

Schedule A

- **Clear liquids all day**
  (see back for suggested clear liquids)
- **DO NOT have the following:**
  Solid foods
  Milk Products
  Red Jello

At 5:00 pm do the following

- Drink **1/2** oz FLEET PHOSPHO-SODA in **8** oz of Ginger Ale.

*Wait **10** minutes...then

- Drink **1/2** oz FLEET PHOSPHO-SODA in **8** oz of Ginger Ale.

*Wait **10** minutes...then

- Drink **1/2** oz FLEET PHOSPHO-SODA in **8** oz of Ginger Ale.
- You **MUST** continue drinking clear liquids until bedtime.

Call MD if difficulty with preparation, or no bowel movement before bedtime

Day of the Exam

4 hours prior to arrival

- Drink **1/2** oz FLEET PHOSPHO-SODA in **8** oz of Ginger Ale.

*Wait **10** minutes...then

- Drink **1/2** oz FLEET PHOSPHO-SODA in **8** oz of Ginger Ale.

*Wait **10** minutes...then

- Drink **1/2** oz FLEET PHOSPHO-SODA in **8** oz of Ginger Ale.

YOU MUST NOT DRINK ANYMORE CLEAR LIQUIDS AFTER YOUR MORNING LAXATIVE

Day Before Exam

Schedule B

- **Clear liquids all day**
  (see back for suggested clear liquids)
- **DO NOT have the following:**
  Solid foods
  Milk Products
  Red Jello

At 5:00 pm do the following

- Drink **1 1/2** oz FLEET PHOSPHO-SODA in **1/2** glass of clear liquid. Follow immediately with **one** full glass of clear liquid. Drink at least *3* full glasses of clear liquids throughout the evening.
- You **MUST** continue drinking clear liquids until bedtime.

Call MD if difficulty with preparation, or no Bowel movement before bedtime

Day of the Exam

4 hours prior to arrival

- Drink **1 1/2** oz FLEET PHOSPHO-SODA in **1/2** glass of clear liquid. Follow with **2** glasses of clear liquid over the next **1/2** hour.

YOU MUST NOT DRINK ANYMORE CLEAR LIQUIDS AFTER YOUR MORNING LAXATIVE